



# Mount Rogers Primary School

Learning Caring Sharing



NEWSLETTER NO. 6

10 APRIL 2019

TERM 1 WEEK 10

## FROM THE EXECUTIVE TEAM

Dear Mount Rogers families,

I can hardly believe Term 1 is about to come to an end. It has been a term full of wonderful events and opportunities both for the students and for the wider community. The last two weeks have showcased what we do to provide experiences for the students both in and out of the classroom.

Our Year 5/6 students spent the first 3 days of last week at Camp Borambola near Wagga Wagga. I attended the camp for all 3 days and had an absolute ball with all the students. The aims of camp included building relationships and collaborating with others and developing resilience. Highlights for me were watching the students tackle the high ropes course and flying fox, kayak on the billabong, learn fencing and archery, and seeing everyone very muddy after completing the Mud Run Course! I also loved conducting cabin inspections over the 3 days and participating in the night activities both evenings.

I am sure that you can appreciate the energy and sense of responsibility it takes to be a teacher on camp with 104 students. Ensuring everyone gets dressed, has eaten, had a shower, brushed their teeth and gets to sleep over the 3 days and 2 nights is no mean feat. I would like to thank Sarah Schipilow, Paul Kelly, Angela Donaldson, Aimy Parkes, Kris Archibald and Jo Slater for spending time away from their own families, and taking on the 24/7 role that is camp, in order to provide our students with this rich learning experience.

I must congratulate the Fete Organising Group, our amazing P&C and all the volunteers for the fantastic twilight Fete held the Saturday before last. I felt so proud as Principal of our wonderful school as I mingled with fete goers throughout the afternoon and evening. I met many potential new families who had come along to 'check us out' and spoke with past students and families who were still keen to support the school. I saw lots of families enjoying dinner together, having a go on the chocolate toss and tombola stalls and walking through the market stalls. Many children, like I did, adopted a pet, while others had entered the Easter Colouring Competition and LEGO Challenge. Despite the cold snap the fete had a wonderful community feel and I am pleased to announce with your help raised just over \$5000! Wow!

And finally, of course, to our amazing Daryl, who once again went above and beyond to support the set up and pack up of the fete. Daryl, thank you from the entire Mount Rogers Community, we couldn't do what we do without you. In the last 2 weeks we have also celebrated Earth Hour and Crazy Hair Day, had an author visit our Junior classes and today all students have run in our Cross Country Carnival. On Friday our Year 6 students will be attending the annual ANZAC Commemorative Service at Melba Copland Secondary School. Don't forget that ANZAC Day falls during the school holidays. Our school captains will run an ANZAC Commemorative assembly during week 1 next term.

Finally, I wish the entire Mount Rogers Community a relaxing and enjoyable holiday break. Take some time out to go on a walk, ride a bike together, read a book together, bake together, have a PJ day together, play a board game together and have some time together with your family. See you on day 1 next Term; Monday 29<sup>th</sup> April,

Warm wishes,

Felicity Levett  
Principal

## DIRECTORY

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**Board Chair:** Kamini Davenport  
**P&C President:** Jon Scholtes  
[www.facebook.com/MountRogersPandC](http://www.facebook.com/MountRogersPandC)  
**Canteen:** Kate & Steph Ph 6142 2760  
**School Banking:** Wednesday

## IMPORTANT

**Mount Rogers Primary is an ANAPHYLACTIC FRIENDLY SCHOOL**  
**Please do not bring into our school:**

**NUTS** and nut products (please be aware that *Nutella* spread and many muesli/health bars contain nuts)

**FISH** including prawns and tuna

**SESAME** including hummus, some snack bars, vege chips, tahini, as a bread topping etc

**EGG** as egg sandwiches or boiled

## REMINDERS

10 Apr	Cross Country Carnival (K - Yr 6)
11 Apr	Yr 5/6 ACT Touch Football Gala Day
12 Apr	Yrs 3-6 Nutrition Magician Show ( <i>Fresh Tastes Program</i> )
12 Apr	ANZAC Service at MCSS 9:45-10:30am (Yr 6 students)
12 Apr	Last day – Term 1
29 Apr	First day – Term 2
29 Apr	2020 Expressions of Interest Enrolment Application for Preschool opens at 6am

## 2019 TERM DATES

Term 1	4 February – 12 April
Term 2	29 April – 5 July
Term 3	22 July – 27 September
Term 4	14 October – 19 December

# MOUNT ROGERS P&C CANTEEN



## THE HEALTHY HUT

CLOSED ON MONDAYS

Ph 6142 2760

[www.flexischools.com.au](http://www.flexischools.com.au)

Did you love your lasagna at the Cross Country? We smuggled 23kg of vegetables into 150 serves.

If you would like to know how we made it, come by the canteen and we can share the recipe and while you are there we are looking for volunteers for Term 2 why not put your name down!

Thanks for a great start to the year! Keep your eyes and ears peeled for some super specials happening in the canteen during term 2.

Mother's Day breakfast is first up in week 2. Notes home week 1.

Regards  
Kate and Steph

*Thank you for your participation in the Cross Country Carnival today and to all those who made this day a great success.*



(Kindergarten to Year 6)  
WEDNESDAY - 10 APRIL

## WASTE FREE WEDNESDAYS AT MOUNT ROGERS

*We need your help to:*

- ☉ reduce our WASTE at school
- ☉ make a positive effect on the environment
- ☉ become more sustainable
- ☉ send your child to school with a WASTE FREE lunchbox.



*Waste free packaging:*



- snacks in a reusable container
- drinks in a reusable bottle
- reusable utensils when needed
- reusable lunchbox or backpack

*Please avoid:*



- lunches packed in plastic bags, cling film or foil
- disposable drink boxes, cans, cartons & bottles
- disposable forks and spoons
- pre-packaged lunches or single serve items

## WHOOPIING COUGH – PERTUSSIS

If your child has a persistent cough or shows signs of whooping cough please keep them home from school and seek professional advice.



For more information about whooping cough (pertussis) please contact your doctor or phone the Health Protection Service Communicable Disease Information line during business hours on 6205 2155.

## MOUNT ROGERS RECYCLED UNIFORM SHOP

*All proceeds go to our school*

*Open*

**Tuesdays & Wednesdays**  
**9:15-9:45am** (after Morning Lines)

Located near the front office.

Donations may be left at the front office.



**MT ROGERS POLAR FLEECE BEANIE NOW**  
**\$5 EACH – CASH ONLY**

- Until stock runs out
- No school logo
- One size fits most



**BUCKET HATS- NEW LOGO - \$12 EACH**

- All sizes available
- Cash only

## HEAD LICE - *Please be vigilant!*

To help prevent the spread of head lice in our school would you **please check your child's hair REGULARLY** – maybe once a week.



If head lice are found, please treat them and notify the Front Office so action can be taken to help prevent it spreading. Once treatment has been carried out, children are able to return to school.

## Reminders

### EXCURSION & PERMISSION NOTES

YEAR	TOPIC	DUE	PAYMENT
K - 6	Curriculum Resources	Now	\$90/student
Pre - 6	Voluntary Contribution (Preschool \$200; Primary \$100)		See below
5	Yr 5 Band	Tues 12 Apr	\$115 2nd Instalment
6	Yr 6 Band	Now	\$230 (or balance owing)
Selected Students	ACT Touch Football Gala Day	Now	\$8

**Notes and/or payments received after the due date will NOT be accepted.**

### 2019 CLASSROOM RESOURCES Supporting your child's learning

Please ensure that your child has all the items necessary for their learning in 2019.

**\$90 per child**

Includes exercise books, stationery, classroom resources & specific literacy resources

**Payment can be made by:**

- Cash / cheque
- Direct Deposit (BSB: 032-777 Account 001682 – enter *child's name & Resources19*)
- EFTPOS – at front office

*Thank you for your support*

### 2019 VOLUNTARY CONTRIBUTIONS Supporting your child's learning

Your voluntary contribution goes directly toward purchasing educational resources by students.

Primary:

1 child	\$100
2 or more children in family	\$150 total cost

Preschool:

1 child	\$200
2 or more children in family	\$150 <u>per child</u>

**Payment can be made by:**

- Cash / cheque
- Direct Deposit (BSB: 032-777 Account 001682 – enter *child's name & VolCons19*)
- EFTPOS – at front office

*Thank you for your support*

## EXPRESSION OF INTEREST 2020 PRESCHOOL PLACEMENT



**FLYNN PRESCHOOL - Hedland Circuit**  
**MELBA PRESCHOOL - Grainger Circuit**  
**SPENCE PRESCHOOL - Baddeley Crescent**

**ALL Expressions of Interest for preschool placements must be made ON-LINE commencing 6am 29 April 2019**

**For enrolment information go to:**

[http://www.education.act.gov.au/school\\_education/enrolling\\_in\\_an\\_act\\_public\\_school](http://www.education.act.gov.au/school_education/enrolling_in_an_act_public_school)

**Please note:**

Original **birth certificate**, **proof of residency (X2)** and **immunisation records MUST** be provided to Mount Rogers Primary School (Alfred Hill Drive, Melba) following the on-line enrolment process.

TRANSPORT CANBERRA'S NEW PUBLIC TRANSPORT NETWORK STARTS

## WE'RE CONNECTING CANBERRA

From Monday 29 April 2019 our transport network will be transformed.

Routes and timetables will change to deliver a better, more connected transport network by having light rail and more buses, more often, 7 days a week.

To find out how Canberra's network is changing or to plan your future trip, visit [transport.act.gov.au](http://transport.act.gov.au)



CANBERRA IS BETTER CONNECTED



## TAKE YOUR TENNIS TO THE EDGE



Tennis is great for full body coordination and motor skills, with health and fitness an added benefit.

**Holiday Coaching Camp** at Melba provides a week of intensive tennis coaching from our award-winning coaches.

### RED BALL CAMP AGES 3-6

With special low compression red balls that bounce lower and slower, and genuine 'Hot Shots' mini courts with lower nets, the youngest champions will have fun while learning to play.

**Time** 9 am to 10 am  
**Cost** Day rate: \$17 Full week: \$45

### JUNIOR TENNIS CAMP AGES 6-14

Older kids will develop strokes and game skills in a fun and challenging environment.

**Time** 9 am to 12 pm  
**Cost** Day rate: \$45 Full Week: \$145

### DATES

Monday 15 April – Thursday 18 Apr

**RESERVE YOUR PLACE NOW!**

Call Owen Peemoeller on 0407 456 293

Email [owen@onthelinetennis.com.au](mailto:owen@onthelinetennis.com.au)

Register online at [www.onthelinetennis.com.au](http://www.onthelinetennis.com.au)

## *From the Mount Rogers Sustainability Kitchen*

### *Potato Gnocchi*



#### *Ingredients*

*1 kg large potatoes (desiree)*

*Approx. 350g plain flour*

*1 egg*

*Extra flour for kneading*

*1 tbsp salt*

#### *Method*

- 1. Boil potatoes with skin on until tender.*
- 2. Remove from water, allow to cool slightly, peel and mash (do not over mash)*
- 3. Pour flour over mashed potato and add the egg.*
- 4. Knead mixture until a soft dough forms.*
- 5. Cut dough into 4 pieces, then roll 2cm wide logs.*
- 6. Using a butter knife, cut logs into 1/2 intervals to create gnocchi. Press lightly with a fork.*
- 7. Lay out on a dusted tray without touching.*
- 8. Cook gnocchi in a large salted pot. Add gnocchi individually to avoid sticking.*
- 9. Gnocchi is ready when they float to the top.*
- 10. Serve with your favourite sauce.*

