



# Mount Rogers Primary School

*Learning Caring Sharing*



NEWSLETTER NO. 3

26 FEBRUARY 2020

TERM 1 WEEK 4

## FROM THE EXECUTIVE TEAM

Dear Mount Rogers families,

It was wonderful to see so many parents in and around the school last week for *Getting to Know You* Interviews. I'm sure you will agree that these interviews are a very helpful and informative way for teachers to learn about the students in their class. I know of many parents who also really appreciate the opportunity to 'put a face to the name' of their child's teacher.

Tonight, our year cohort Information Sessions are running in the hall. This is a new opportunity provided for parents to come and hear about learning at Mount Rogers, what happens in classrooms on a weekly basis, which teachers may have students throughout the week and other relevant information. Each session will go for about 20 minutes. During the evening our wonderful P&C is running a sausage sizzle, their first fundraiser of the year.

If ever you have an enquiry throughout the year, please don't sit on it and wonder. An email to [info@mtrogers.act.edu.au](mailto:info@mtrogers.act.edu.au) or a phone call to the front office can often help navigate who the most appropriate person is to talk to about your query. The front office ladies will always try their best to answer enquires you have or find out the answer if they are not exactly sure. Sometimes staff ring parents during the day, for many and varied reasons, and will leave a message if they can't speak to you directly. It is vital that you listen to the message left and not just see the missed call and ring back, as the message will give you context as to who has called and why, and supports us at the other end when you return the call.

This Friday all students will be participating in Clean Up Day for Schools, as part of National Clean Up Australia Day. Classes will be given a designated part of the playground to clean up after B1 and/or B2. Students are encouraged to bring their own gloves and tongs and will be reminded not to pick up anything sharp. Thank you to our Sustainability teacher Ms Stephens, for organising this event for the school.

*Continued next page*

## DIRECTORY

**Principal:** Felicity Levett  
**Deputy Principal:** Liz Marman  
**A:** Alfred Hill Drive, MELBA ACT 2615  
**T:** (02) 6142 2750  
**E:** [info@mtrogers.act.edu.au](mailto:info@mtrogers.act.edu.au)  
**W:** [www.mtrogers.act.edu.au](http://www.mtrogers.act.edu.au)  
**FB:** <https://www.facebook.com/mountrogersprimary>  
**Board Chair:** Cameron Pietsch  
**P&C President:** Jon Scholtes  
[www.facebook.com/MountRogersP&C](https://www.facebook.com/MountRogersP&C)  
**Canteen:** Kate & Steph Ph 6142 2760  
**School Banking:** Wednesday

## IMPORTANT

**Mount Rogers Primary is an  
ANAPHYLACTIC FRIENDLY SCHOOL**  
**Please do not bring into our school:**

**NUTS** and nut products (please be aware that *Nutella* spread and many muesli/health bars contain nuts)

**FISH** including prawns and tuna

**SESAME** including hummus, some snack bars, vege chips, tahini, as a bread topping etc

**EGG** as egg sandwiches or boiled

## REMINDERS

|           |   |
|-----------|---|
| NOW OPEN  | School Board Election<br>VOTING NOW OPEN                    |
| 26 Feb    | Year Level Information<br>Sessions for Parents/Carers       |
| 24-28 Feb | Kindergarten BASE<br>Assessment                             |
| 27 Feb    | Year 5 Band Information<br>Session for Parents/Carers       |
| 28 Feb    | Clean-up Australia Day for<br>School – 30th Anniversary     |
| 2 Mar     | School Board Election<br>VOTING CLOSSES at 11am             |
| 2 Mar     | P&C Meeting 7:30-9:30pm<br><i>All welcome</i>               |
| 3 Mar     | Swimming Carnival Yrs 3-6<br>(incl eligible Yr 2 students)  |
| 9 Mar     | Canberra Day  |
| 13 Mar    | Senior Assembly 2pm<br>Hosts: Yr 5/6 (Oaks &<br>Eucalyptus) |
| 20 Mar    | P&C Colour Run  |
| 23-25 Mar | Year 5/6 Camp   |

## 2020 TERM DATES

|        |                          |
|--------|--------------------------|
| Term 1 | 3/4 February – 9 April   |
| Term 2 | 27 April – 3 July        |
| Term 3 | 20 July – 25 September   |
| Term 4 | 12 October – 18 December |

## FROM THE EXECUTIVE TEAM continued

On Tuesday night our P&C held their AGM. As part of the AGM all office bearer positions were declared vacant and are filled for the current year. I am delighted to announce that Jon Scholtes will remain as the president for 2020. Jon is an enthusiastic advocate for the school. The positions of Secretary and Treasurer remain vacant. Both these roles come with the support of parents who have held these positions in the past. This could be a fantastic opportunity for you to become more involved in your school. P&C meetings run about twice a term and are an engaging forum to hear more about the school and support me as Principal for the benefit of all students. If you would like to know more about these positions or becoming involved in another way please don't hesitate to send an email to the [secretary.mountrogerspandc@gmail.com](mailto:secretary.mountrogerspandc@gmail.com), they will be able to answer any questions you may have.

I'm looking forward to a fabulous Swimming Carnival next Tuesday at Dickson Pool. All permission notes AND money are due back tomorrow – Thursday, 27 February. The expectation is that all students in Years 3 to 6 attend the carnival, as well as swimming races there are wonderful novelty events for students to participate in. Students in Year 2 who are entering races are also able to attend. **If you return a note after Thursday it will not be possible for your child to attend, as notes are tied to booking of buses.** Our Junior students will be involved in some water fun back at school on this day.

I am looking forward to seeing you at tonight's Year Level Information Sessions.

Warm wishes,

Felicity Levett  
Principal



Mount Rogers  
Primary School

## SCHOOL BOARD ELECTION

### Voting is now OPEN

Two nominations have been received for one Parent & Citizen Representative position on the School Board.

The nominations are:

- Tim VOEGELI
- Madelyn GOVER

Voting forms and information about the nominees are available from the Mount Rogers Primary School front office during normal business hours (8:30am to 3:30pm - Monday to Friday).

You can submit your vote by:

- hand deliver to –  
Mount Rogers Primary School  
Front Office, Alfred Hill Drive, Melba

### VOTING CLOSES

**11am - Monday, 2 March 2020**

For more information contact:  
Assistant Returning Officer  
Jenny McNaught – Ph 6142 2751

*Please note ...*

### OUR BREAK TIMES HAVE CHANGED!

| BREAK 1            | BREAK 2  |
|--------------------|--|
| 10:30am to 11:10am | Eating time<br>12:40pm-12:50pm<br>Playground<br>12:50pm-1:30pm |

### IMPORTANT

#### Have you returned your child's ...

- 1) Emergency Contact Card (green)
- 2) Medical Information & Consent form
- 3) Excursion Medical Information & Consent form
- 4) Known Medical Condition Response Plan
- 5) Food Allergy/Intolerance form

**THIS INFORMATION IS IMPORTANT.** Without up to date information we are unable to contact parents/carers promptly concerning your child at school, and ensure your child can participate fully in school activities and events.

*This information is essential for our upcoming excursions INCLUDING the SWIMMING CARNIVAL*



## REMINDER

*Year Level Information Sessions*  
**TONIGHT – Wednesday, 26 February**

Our *Year Level Information Sessions* are designed to inform parents/carers about the teaching and learning happening in your child's class, as well as daily routines and other operational information.

All sessions will take place in our School Hall and will run for 20 minutes (approx).

*Please...*

ENTER THE SCHOOL at the front entrance then,  
ENTER THE HALL via the doors at the rear of the hall (Yr 5/6 north corridor)

EXIT THE HALL via the side doors near the front office

| YEAR LEVELS     | START TIME<br>(approx 20min duration) |
|-----------------|---------------------------------------|
| Kindergarten    | 6:00pm                                |
| Year 1 & Year 2 | 6:30pm                                |
| Year 3 & Year 4 | 7:00pm                                |
| Year 5 & Year 6 | 7:30pm                                |

**The P&C will be hosting a BBQ during the evening - Sausage Sizzle (\$2 each)**

## MOUNT ROGERS P&C CANTEEN



### THE HEALTHY HUT

**CLOSED ON MONDAYS**

Ph 6142 2760

[www.flexischools.com.au](http://www.flexischools.com.au)

*Welcome to 2020*

Mount Rogers is very lucky to have a great canteen operating four days a week (Tuesday to Friday) for over the counter and lunch order sales. **Our online provider is Flexischools ([www.flexischools.com.au](http://www.flexischools.com.au)) and this is the preferred method of ordering.** The Healthy Hut is P&C operated with one paid position (currently job shared) and all profits go back into the school community.

You may be aware that over the past few years school canteens have changed, and menu items are now strictly monitored and must comply with the "traffic light" system of red, amber and green foods. Not only does The Healthy Hut comply, we go way above and beyond what is required. Almost all menu items are prepared and cooked from scratch on site. Our sausage rolls, bolognaise subs, spaghetti bolognaise, burgers and tacos are packed with extra veggies and flavour. All our cakes and baked goodies are Nutrition Australia approved with low sugar and added fibre. We do have a Slush Puppie machine which is an amber classified item. The mix we use in the Slushie machine is very different to the product you may see at a popular service station. Our Slushies are 99% fruit juice and served in 250ml or less portions. We are permitted to have occasionally red food days and we usually have one or two 'special' lunches per term.

The Healthy Hut is an allergy friendly canteen and uses no nuts, sesame or fish. We serve no whole egg products (ie egg on sandwiches) however do use eggs in cooking. We have lots of gluten free items on the menu and can provide gluten free bread and rolls as sandwich options. The margarine that we use is dairy free however we don't use margarine on sandwiches unless requested. Please feel free to come in and see us or phone if you have any questions about ingredients, recipes or menu items or your child's specific allergy requirements.

#### WE NEED YOUR HELP!

Once a week, once a term, once a month, 30 mins cutting up fruit at the beginning of the day, whatever you can spare is extremely valuable. The children LOVE seeing their parents in the canteen and younger siblings can be accommodated. We currently desperately need extra hands on a Friday. Fridays are busy but don't let that put you off, it's a well-oiled machine and Friday is set up so it is mostly heat and serve items. We really need someone first thing after the start of the day for an hour or so and/or at 12pm for 30mins or so to pack the lunches into the lunch baskets.

Kate & Steph  
Canteen Managers - Kate & Steph

**Attention Kindergarten Parents!**

**Kindergarten Health Checks are happening this year!**

All kindergarten students in the ACT are eligible to receive a **FREE** health check

VISION CHECK

HEARING CHECK

HEIGHT, WEIGHT AND  
BODY MASS INDEX (BMI)

If you have not returned your child's Kindergarten Health Check Consent and Questionnaire

**FIND** — Information packs will be sent home early in Term 1

**SIGN** — Complete the Kindergarten Health Check Consent and Questionnaire

**RETURN** — To your school by 25 February 2020

Your school can provide you with the date of the health check.

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[www.health.act.gov.au](http://www.health.act.gov.au) | [www.act.gov.au](http://www.act.gov.au) | Enquiries: Canberra ISACTI or 152281



**MOUNT ROGERS RECYCLED UNIFORM SHOP  
(OPERATED BY THE P&C ASSOCIATION)**

*All proceeds go to our school*

**Open TUESDAYS & WEDNESDAYS**

**9:15-9:45am**

New bucket hats with our logo are available for \$12 cash and can also be ordered online via [www.flexischools.com.au](http://www.flexischools.com.au).

Please consider donating uniform items to the Recycled Uniform Shop.



**COFFEE CART  
@ MT ROGERS PRIMARY**

*A great way to start your week*



☺ *Monday mornings*

☺ *7:45am-9am*

**SUSTAINABILITY  
WITH MS STEPHENS**



*Harvest time in  
our school garden!*



**AT MOUNT ROGERS PRIMARY SCHOOL!**

**Friday, 20 March 2020**

**Kindergarten to Year 6**

We will be holding the **School Fun Run's Crazy Colour Run** as a major fundraising event this year on Friday, 20 March!

This is the first of some new activities the P&C will be trying in 2020. Last year money raised through P&C events was donated to the school and used to purchase new books, a mulcher for Daryl, new trestle tables, garden materials and playground equipment.

All money raised through this event will go towards more playground equipment for the junior playground.

**About the Day**

The **Crazy Colour Run** is all about fun! It will be a huge colourful mess and will undoubtedly be one of the most exciting days on the school's calendar. The **Crazy Colour Run** will take place on the school grounds with everyone's participation the aim! For best results – wear white!

Please make sure they attend on the day, ready to have some fun and cheer each other on!

A brochure and note went home today with your child, with information about fundraising, prizes and how you can be involved.



For more information contact:

**P&C Association P&C  
Mount Rogers Primary School**

[events.mountrogerspandc@gmail.com](mailto:events.mountrogerspandc@gmail.com)

# Reminders

## EXCURSION & PERMISSION NOTES

| YEAR      | TOPIC   | DUE    | PAYMENT   |
|-----------|---|--------|---|
| K - 6     | 2020 Classroom Resources  |        | \$90/student  |
| Pre - 6   | 2020 Voluntary Contribution<br>(Preschool \$200;<br>Primary \$100)                                  |        | See below   |
| Yr 6 Band | 2020 IMP Band Fees<br><i>Bank details:</i><br>BSB: 032777<br>Acct: 001682<br>Ref: BAND Child's Name |        | \$230 or<br>balance<br>owing                                |
| Yr 5 Band | 2020 IMP Band Fees<br><i>Bank details:</i><br>BSB: 032777<br>Acct: 001682<br>Ref: BAND Child's Name |        | \$230 total cost<br>or<br>\$115 by 6 Mar<br>\$115 by end T1 |
| 3-6       | Swimming Carnival   | 27 Feb | \$17 ea   |

**Notes and/or payments received after the due date will NOT be accepted.**

## 2020 CLASSROOM RESOURCES Supporting your child's learning

**\$90 per child** - please ensure that your child has all the stationery items necessary for their learning in 2020.

**Payment can be made by:**

- Cash / cheque
- Direct Deposit (BSB: 032-777 Account 001682 – enter *child's name & Resources19*)
- EFTPOS – at front office

*Thank you for your support*

## 2020 VOLUNTARY CONTRIBUTIONS Supporting your child's learning

Your voluntary contribution goes directly toward purchasing educational resources for students.

Primary:

- 1 child \$100
- 2 or more children in family \$150 total cost

Preschool:

- 1 child \$200
- 2 or more children in family \$150 per child

**Payment can be made by:**

- Cash / cheque
- Direct Deposit BSB: 032-777 Account 001682 (enter *child's name & VolCons20*)
- EFTPOS – at front office

*Thank you for your support*

## MOUNT ROGERS PRIMARY SCHOOL P&C ASSOCIATION

*All welcome*

### P&C ASSOCIATION MEETING

**Monday 2 March 2020**

**Starting 7.30pm**

Come and find out what is happening at the school including Felicity Levett (Principal) informative update. Get involved with a fundraising activity.

Supper is provided in a friendly and relaxed atmosphere. Please come along and stay for as long or as short as your wish.

For information on any of the roles, or to obtain a nomination form, please don't hesitate to email [secretary.mountrogerspandc@gmail.com](mailto:secretary.mountrogerspandc@gmail.com)

## COMMUNITY NEWS

### COMMUNITY FITNESS CLASSES AT MOUNT ROGERS PRIMARY SCHOOL



Mount Rogers  
Primary School

Mount Rogers Primary School  
Parents and Citizens Association presents:  
*All welcome*

- **Monday 6:30pm** Madness with **Aimee**, who offers her body weight workouts that are guaranteed to get your heart racing and your body sweating!
- **Thursday 6:30pm** Zumba with **Ilse** dancing you into a fit and healthy body, and you won't even realise it.

**1 class per week- \$8**

**2 classes per week- \$14**

Thank you for continuing to support Mount Rogers Primary School! Like and follow us on facebook **Mount Rogers Primary School P & C** to stay up to date with classes.

Steph: 0414 666 398

Narelle: 0410 620 763



**Passion & Purpose Academy**

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FREE TRIALS FOR ALL STUDENTS

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Visit our website for timetable information and to enrol in our classes  
[www.passionandpurpose.com.au](http://www.passionandpurpose.com.au)

PLEASE CONTACT CARLY TO ARRANGE A FREE TRIAL FOR ANY OF OUR CLASSES.  
[PASSIONANDPURPOSEINFO@GMAIL.COM](mailto:PASSIONANDPURPOSEINFO@GMAIL.COM) OR 0416 558 452

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